

# Download Ebook Going Somewhere A Bicycle Journey Across America Brian Benson Read Pdf Free

**The Bicycle Book** Dec 16 2021 A fascinating exploration of the 21st century's great transport success story - the bicycle. Since the millennium, use of the bicycle in Britain has doubled - and doubled again. Every day, more people take up cycling and thousands now cycle to work. Yet, cycling is more than merely a form of transport; it is a way of life.

Going Somewhere Mar 02 2023 "Let's hope Benson has more travels in mind. He is a gifted writer, an observant human with an eye for the telling detail and how to tell it."—Booklist Brian has a million vague life plans but zero sense of direction. So when he meets Rachel, a self-possessed woman who daydreams of bicycling across the States, he decides to follow her wherever she'll take him. Brian and Rachel soon embark on a ride from northern Wisconsin to Somewhere West, infatuated with the promise of adventure and each other. But as the pair progress from the Northwoods into the bleak western plains, they begin to discover the messy realities of life on the road. Mile by mile, they contend with merciless winds and brutal heat, broken bikes and bodies, each other and themselves—and the looming question of what comes next. Told in a voice "as hilarious as it is wise" (Cheryl Strayed), *Going Somewhere* is a candid tale of the struggle to move forward.

*Mind is the Ride* Jul 11 2021 When Jet McDonald cycled four thousand miles to India and back, he didn't want to write a straightforward travel book. He wanted to go on an imaginative journey. *Mind is the Ride* takes the reader on a physical and intellectual adventure from West to East using the components of a bike as a metaphor for philosophy, which is woven into the cyclist's experience. Each chapter is based around a single component, and as Jet travels he adds new parts and new philosophies until the bike is 'built'; the ride to India is completed; and the relationship between mind, body and bicycle made apparent. The age of the travelogue is over: today we need to travel inwardly to see the world with fresh eyes. *Mind is the Ride* is that journey, a pedal-powered antidote to the petrol-driven philosophies of the past.

The Red Bicycle Jan 25 2020 Leo rides his beloved red bicycle to school, soccer practice and everywhere in between. He is devastated when he outgrows Big Red. But when Leo learns of a bicycle donation program, he perks up - someone who really needs his bike can give it a new life. Little does he know that Big Red will change other people's lives, too. Follow the bike as it travels to West Africa, where it helps people in Burkina Faso bring goods to the market, and serves as a makeshift ambulance, proving that an ordinary bicycle can be truly extraordinary.

**Cycling Home from Siberia** Apr 20 2022 "It is late October, and the temperature is already -40 degrees . . . My thoughts are filled with frozen rivers that may or may not hold my weight; empty, forgotten valleys haunted by emaciated ghosts; and packs of ravenous, merciless wolves." Having left his job as a high-school geography teacher, Rob Lilwall arrived in Siberia equipped only with a bike and a healthy dose of fear. *Cycling Home from Siberia* recounts his epic three-and-a-half-year, 30,000-mile journey back to England via the foreboding jungles of Papua New Guinea, an Australian cyclone, and Afghanistan's war-torn Hindu Kush. A gripping story of endurance and adventure, this is also a spiritual journey, providing poignant insight into life on the road in some of the world's toughest corners.

Bike Tribes Oct 14 2021 A hilarious and essential illustrated field guide that breaks down the tribes of the bicycling community: from the spandex-clad weekend warriors to the hipsters on street bikes who love to laugh at each other (and themselves) Anyone who rides a bike knows the bicycling world is made up of tribes. From tattooed messengers to pretty urban hipsters to grouchy shop owners, they may look like they live on different planets, but they are united by their abiding love of bikes—and often their total disdain of other members of this insular world. *Bike Tribes* is the Preppy Handbook of bicycling, replete with one-of-a-kind illustrations that taxonomize the special habits, clothing, preferences, and predilections of

cyclists. Mike Magnuson, an avid rider, bicycling expert, and longtime contributor to *Bicycling* magazine, covers the basics of racing, etiquette, and apparel and gear, including running commentary on cycling culture, poking holes in practically every pretension in the cycling world. *Bike Tribes* is a fun romp through the various subcultures in the bike community—bound to appeal to newcomers and grizzled cyclists alike.

**Bicycle Diaries** Apr 27 2020 "...an engaging book: part diary, part manifesto." *The Guardian* A round-the-world bicycle tour with one of the most original artists of our day. Urban bicycling has become more popular than ever as recession-strapped, climate-conscious city dwellers reinvent basic transportation. In this wide-ranging memoir, artist/musician and co-founder of Talking Heads David Byrne—who has relied on a bike to get around New York City since the early 1980s—relates his adventures as he pedals through and engages with some of the world's major cities. From Buenos Aires to Berlin, he meets a range of people both famous and ordinary, shares his thoughts on art, fashion, music, globalization, and the ways that many places are becoming more bike-friendly. *Bicycle Diaries* is an adventure on two wheels conveyed with humor, curiosity, and humanity.

*Around the World on a Bicycle* Apr 08 2021 Excerpt from *Around the World on a Bicycle: From Teheran to Yokohama* During the winter I have examined, as far as circumstances have permitted, the merits and demerits Of the different routes to the Pacific Coast, and have decided upon going through Turkestan and Southern Siberia to the Amoor Valley, and thence either follow down the valley to Vladivostok or strike across Mongolia to Peking the latter route by preference, if upon reaching Irkutsk I find it to be practicable; if not practicable, then the Amoor Valley route from necessity. This route I approve of, as it will not only take me through some of the most interesting country in Asia, but will probably be a more straightaway continuous land-journey than any other. The distance from Teheran to Vladivostok is some Six thousand miles, and, well aware that six thousand miles with a bicycle over Asiatic roads is a task Of no little magnitude, I at once determine upon taking advantage Of the fair March weather to accomplish at least the first Six hundred miles of the journey between Teheran and Meshed, one Of the holy cities of Persia. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at [www.forgottenbooks.com](http://www.forgottenbooks.com) This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that remain are intentionally left to preserve the state of such historical works.

**Somewhere and Nowhere** Jan 29 2023 Two friends ride their bicycles across America.

**Bicycle Bash** Jul 31 2020 Richard Scarry meets Nana In the City in this bicycle themed seek-and-find adventure. Imagine visiting Willy Wonka's Chocolate Factory—but for bikes! This is a seek-and-find/activity book rife with quirky illustrations that hits the sweet spot of every reader from the youngest to the oldest! The wheels keep turning in Cycle City, and it's finally time for the annual Bicycle Bash, where one and all can ride their bikes indoors. Etta's been specially invited by her Aunt Ellen to attend! But why does Aunt Ellen need a list of Etta's friends? Taking place in the Bicycle Museum, this celebration rolls out bicycles of all kinds—from low riders to tricycles to "bone shakers." The Museum even has lanes and tracks indoors so that everyone, Giraffe and Mouse alike, can ride their bikes anywhere. After a full day of riding through the museum halls, Etta pedals out to find a special surprise—her own birthday bash with her best friends! Follow Etta along her first bike tour with this delightfully detailed seek-and-find adventure. • **BELOVED WORLDWIDE:** The companion book, *Cycle City*, was published in seven foreign countries! Don't miss out on the favorite biking book of ciclistas worldwide! • **FUN SEEK AND FIND:** Alison Farrell's colorful, vibrant village will delight all kids who loved Richard Scarry's *Cars and Trucks* and *Things That Go* and *Busytown* books and thrill parents hoping for the same idea plus a hip design aesthetic. • **DETAIL-RICH:** There's so much to see on each page! From mini conversations between town denizens to countless biking encounters outside the narrative, young readers will delight in rereading this book in order to see the many enticing, funny sights of this little town. • **A TREAT FOR BICYCLE LOVERS:** Big, small, fancy, historic—the many different kinds of bikes in this book are a feast for the eyes. Perfect for: • Fans of Richard Scarry • Fans of seek-

and-find books • Families and friends who enjoy bike riding together • Parents looking for a lighthearted picture book their kids can spend hours with • Aunts looking for a picture book that portrays niece/nephew relationships • Parents, grandparents, and other family members looking for a lightly educational picture book • Fans of museums

**Just Ride** Sep 25 2022 "A wonderfully sane, down-to-earth, and frequently funny guide to riding, maintaining, fixing and enjoying your bicycle." Dave Eggers, New York Times Book Review Winner Silver Medal 2013 Independent Publisher Book Awards In the same way that Michael Pollan's slim bestseller *Food Rules* brought a gust of common sense to the everyday activity of eating, *Just Ride* is a revelation. Forget the ultralight, uncomfortable bikes, flashy jerseys, clunky shoes that clip onto tiny pedals, the grinding out of endless miles. Instead, ride like you did when you were a kid—just get on your bike and discover the pure joy of riding it. A reformed racer who's commuted by bike every day since 1980, whose writings and opinions appear in major bicycling and outdoor magazines, and whose company, Rivendell Bicycle Works, makes bikes for riders ready to opt out of a culture overrun by racing, Grant Petersen shares a lifetime of unexpected facts, controversial opinions, expert techniques, and his own maverick philosophy. In 87 short, two-to-three page chapters, it covers: • Riding: Count Days, Not Miles; Corner Like Jackie Robinson; Steer with Your Hips, Shift with Your Legs • Suiting Up: The Shoes Ruse; Ponchos—the Ultimate Unracer's Garment • Safety: #1 Rule—Be Seen; Helmets Aren't All They're Cracked Up to Be • Health and Fitness: Why Riding Is Lousy All-Around Exercise; Saddles Don't Cause Impotence; Drink When You're Thirsty—Not Before Also includes chapters on Accessories, Upkeep, and Technicalities as well as a final chapter titled "Velosophy" that includes the essential, memorable thought: *Your Bike Is a Toy—Have Fun with It.*

**Greg LeMond's Complete Book of Bicycling** Dec 24 2019 For both the beginner & specialist, this book covers equipment, techniques, & training.

**Duck on a Bike** Jan 05 2021 Caldecott Honor winner David Shannon applies his wonderful off-beat humor to the story of a duck who decides to try riding a bike—and loves it! Another young, funny book perfect for reading aloud. One day down on the farm, Duck got a wild idea. "I bet I could ride a bike," he thought. He waddled over to where the boy parked his bike, climbed on and began to ride. At first he rode slowly and he wobbled a lot, but it was fun! Duck rode past Cow and waved to her. "Hello, Cow!" said Duck. "Moo," said Cow. But what she thought was, "A duck on a bike? That's the silliest thing I've ever seen!" And so Duck rides past sheep, horse, and all the other barnyard animals. Suddenly, a group of kids ride by on their bikes and run into the farmhouse, leaving the bikes outside. Now ALL the animals can ride bikes, just like Duck!

**Frostbike** Feb 18 2022 The bicycle is fast becoming a ubiquitous form of transportation in cities all over the world, making our urban spaces more efficient, more livable and healthier. But many of those bicycles disappear into basements and garages when the warm months end, parked there by owners fearful of the cold, snow and ice that winter brings. But does it have to be that way? Canadian writer and journalist Tom Babin started questioning this dogma after being stuck in winter commuter traffic one dreary and cold December morning and dreaming about the happiness that bicycle commuting had brought him all summer long. So he did something about it. He pulled on some thermal underwear, dragged his bike down from the rafters of his garage and set out on a mission to answer a simple but beguiling question: is it possible to happily ride a bike in winter? That question took him places he never expected. Over years of trial and error, research and more than his share of snow and ice, he discovered an unknown history of biking for snow and ice, and a new generation designed to make riding in winter safe and fun. He unearthed the world's most bike-friendly winter city and some new approaches to winter cycling from places all over the world. He also looked inward, to discover how the modern world shapes our attitudes toward winter. And perhaps most importantly, he discovered the unique kind of bliss that can only come by pedalling through softly falling snow on a quiet winter night.

**Quest for Adventure** Mar 27 2020 *Quest for Adventure* is a collection of stories including the Kon-Tiki voyage; Francis Chichester's round-the-world tour; the ascent of the South Face of Annapurna, the first ascent of Everest, Reinhold and Gunther Messner on Nanga Parbat, Andy Cave's triumph and tragedy on Changabang, and the first ascent of The Nose of El Capitan in Yosemite.

**Hero on a Bicycle** Oct 26 2022 In her first novel, beloved author Shirley Hughes presents a World War II

adventure proving that in extraordinary circumstances, people are capable of extraordinary things. Italy, 1944: Florence is occupied by Nazi forces. The Italian resistance movement has not given up hope, though — and neither have thirteen-year-old Paolo and his sister, Costanza. As their mother is pressured into harboring escaping POWs, Paolo and Costanza each find a part to play in opposing the German forces. Both are desperate to fight the occupation, but what can two siblings — with only a bicycle to help them — do against a whole army? Middle-grade fans of history and adventure will be riveted by the action and the vividly evoked tension of World War II.

**The Memory of Running** May 09 2021 "Smithy is an American original, worthy of a place on the shelf just below your Hucks, your Holdens, your Yossarians." —Stephen King Every so often, a novel comes along that captures the public's imagination with a story that sweeps readers up and takes them on a thrilling, unforgettable ride. Ron McLarty's *The Memory of Running* is this decade's novel. By all accounts, especially his own, Smithson "Smithy" Ide is a loser. An overweight, friendless, chain-smoking, forty-three-year-old drunk, Smithy's life becomes completely unhinged when he loses his parents and long-lost sister within the span of one week. Rolling down the driveway of his parents' house in Rhode Island on his old Raleigh bicycle to escape his grief, the emotionally bereft Smithy embarks on an epic, hilarious, luminous, and extraordinary journey of discovery and redemption.

*The Bicycle Book* Aug 24 2022 Jessica Hart has never forgotten Matthew Landley. After all, he was her first love when she was fifteen years old. But he was also her school maths teacher, and their forbidden affair ended in scandal with his arrest and imprisonment. Now, seventeen years later, Matthew returns with a new identity, a long-term girlfriend and a young daughter, who know nothing of what happened before. Yet when he runs into Jessica, neither of them can ignore the emotional ties that bind them together. With so many secrets to keep hidden, how long can Jessica and Matthew avoid the dark mistakes of their past imploding in the present?

**Into the Sunrise** Jul 23 2022 "Unless you do it all by bike and boat, you haven't really cycled around the world." In Part Two of Chris Pountney's attempt to cycle around the world, a disaster in the Pacific Ocean soon forces a drastic change of plans. Can he find a way to recover from the setback and complete his mission to return to the little Chinese town of Mori, and in so doing complete a full circumnavigation of the planet using only his bicycle and boats? Join Chris and his girlfriend Dea as they travel across four continents and more than thirty countries in the second part of this epic tale of adventure, romance, and outright silliness. A hell of a lot of things happen as they make their way back towards China, but will there be a happy ending? Will the odd sculpture in Mori be reached without the aid of motor vehicles? You'll have to read the book and find out, it's not going to be revealed in the Amazon description. "Chris takes you on his journey and makes you believe it is possible for you to undertake an adventure of this magnitude." "Chris writes in one of the most witty, lighthearted, smart, & well crafted travel storytelling ways that I've ever had the pleasure to read." "I honestly think that Chris's book is by some way the best of its type that I have read. His story is intelligently written, has the right amount of humour and captures honestly and vividly a true epic odyssey." "A great adventure story and Chris's writing had me genuinely laughing out loud every few pages." "Chris allows the reader to feel like they are experiencing each adventure first hand - the characters, the funny incidents, the struggles, the people, the cultures." "Chris's writing style is exceptionally enjoyable." (Quotes are extracted from Amazon customer reviews for *No Wrong Turns*. Only one of them was written by a friend.)

*The Stolen Bicycle* Nov 03 2020 Longlisted, Man Booker International Prize, 2018 Six-time Winner of the China Times Open Book Award and 'Author of the Year', Eslite Bookstore A writer embarks on an epic quest in search of his missing father's stolen bicycle and soon finds himself caught up in the strangely intertwined stories of Lin Wang, the oldest elephant who ever lived, the soldiers who fought in the jungles of South-East Asia during the Second World War and the secret worlds of the butterfly handicraft makers and antique bicycle fanatics of Taiwan. *The Stolen Bicycle* is both a majestic historical novel and a profound, startlingly intimate meditation on memory, family and home. Award-winning novelist Wu Ming-Yi is also an artist, designer, photographer, literary professor, butterfly scholar, environmental activist, traveller and blogger, and is widely considered the leading writer of his generation in his native Taiwan. A long-time resident of Taipei, Darryl Sterk has interests in Taiwan's local literature and indigenous cultures. He translated the first of Wu Ming-Yi's novels to be published in English, *The*

Man with the Compound Eyes. Taiwan Literary Award, 2015 (Taiwan) China Times Open Book Award (Six-time winner, including 2015) (Taiwan) Eslite Bookseller Award for Author of the Year, 2015 (Taiwan) Dream of the Red Chamber Award, Judge Recommendation 2016 (Hong Kong) UDN Grand Literary Award, 2016 (Taiwan) Publishers Weekly International Hot Book Properties, 2015 Turnaround Favourite Fiction of 2017 'A work of astonishing energy, in which Wu beautifully touches on loss, life and death, fate and destiny, establishing emotional connections between memory and objects, and between the natural world and war... a novel that provides comfort and reconciliation from a wounded past.' Thinking Taiwan 'The novel, inspired by his love for bicycles and Taiwanese history, brings readers back to a simpler time when life moved more slowly and people spent more time face-to-face with friends and neighbors. Riding a bike allowed people to appreciate and digest the details of the world around them.' Taipei Times 'A profoundly moving novel, such is the power of words and depth of feeling by Taiwanese author Wu Ming-Yi...He turns events into linguistic gold with his poetic, dreamlike language.' Good Reading 'A visionary ride through flame-scorched lands and machine-clutching trees and metamorphoses into metal and earth..."World is crazier and more of it than we think./Incorrigibly plural", Louis MacNeice wrote...Multiply that by 10 or so and you get some sense of Wu's astonishing, often-affecting kaleidoscope.' NZ Listener 'Unusual insights and vividly observed detail abound in this witty and sensitive story.' Toowoomba Chronicle 'Beautifully written and beautifully translated. . . . [Ming-Yi] guides us to see the entirety of experience as bumping flotsam in an unending ocean of life colliding and making a mess of things or making something new. . . . Lyric, simple, soft, the story crests and recedes and comes back again.' The Bloomington Sun-Current 'Offering a heady dose of realism, surrealism, and magic realism, with several shots of allegory, award-winning Chinese author Wu [Ming-Yi] offers a work for 'literary fiction' readers, but not in the snobbish sense. It's really for any curious, intelligent reader.' STARRED review, Library Journal 'The authors uses conversation, flashbacks of memory, war diaries, memoir and voice recordings to create a network of literary tributaries in bringing together this ambitious, far-reaching narrative that touches so many unique aspects of Taiwan's history, culture, development and influences.' Word by Word

*The Cave* Jan 17 2022 A stunning psychological thriller about friship, drugs, and murder from the author of *The Vanishing*. Egon Wagter and Axel van de Graaf met when they were both fourteen and on vacation in Belgium. Axel is fascinating, filled with an amoral energy by which the more prudent, less adventurous Egon is both mesmerized and repelled. Even as a teen, Axel has a strange power over those around him. He defies authority, seduces women, breaks the law. Axel chooses Egon as a friend, a friendship that somehow ures over time and ends up determining Egon's fate. During his university studies, Egon frequents Axel's house in Amsterdam, where there is a party every night and women fill the rooms. Though Egon chooses geology over Axel's life of avarice and drug dealing, he remains intrigued by his friend's conviction that the only law that counts is the law he makes himself. Egon believes that Axel is a demonic figure who tempts others only because he knows they want to be tempted. By the time he is in his forties, Egon finds himself divorced and with few professional prospects. He turns for help to Axel, who sends him to Ratanakiri, a fictional country in Southeast Asia. Axel gives Egon a suitcase to deliver-and Egon never returns. Utterly compelling and resonant, *The Cave* is an unforgettable story of betrayal in the spirit of Tim Krabbé's remarkable first novel, *The Vanishing*.

*50 Ways to Cycle the World* Nov 15 2021 - 50 unique cycling trip stories from 70 cyclists that will inform and inspire - Answers to over 700 questions that relate to bike travel around the world - Beautiful photography combined with practical advice 50 Ways to Cycle the World presents 50 unique cycling adventures gathered from more than 70 cyclists representing 22 nationalities. It is the ultimate visual guide and encyclopaedia to travelling by bicycle, whether you are travelling alone, as a couple, or as a family with small children. Featured here are inspiring stories and advice, accompanied by breathtaking photographs taken all over the world by the many contributors who share their cycling stories.

**Pro Cycling on \$10 a Day** Sep 01 2020 Plump, grumpy, slumped on the couch, and going nowhere fast at age 16, Phil Gaimon began riding a bicycle with the grand ambition of shedding a few pounds before going off to college. He soon fell into racing and discovered he was a natural, riding his way into a pro contract after just one season despite utter ignorance of a century of cycling etiquette. Now, in his book *Pro Cycling on \$10 a Day*, Phil brings the full powers of his wit to tell his story. Presented here as a

guide--and a warning--to aspiring racers who dream of joining the professional racing circus, Phil's adventures in road rash serve as a hilarious and cautionary tale of frustrating team directors and broken promises. Phil's education in the ways of the peloton, his discouraging negotiations for a better contract, his endless miles crisscrossing America in pursuit of race wins, and his conviction that somewhere just around the corner lies the ticket to the big time fuel this tale of hope and ambition from one of cycling's best story-tellers. *Pro Cycling on \$10 a Day* chronicles the racer's daily lot of blood-soaked bandages, sleazy motels, cheap food, and overflowing toilets. But it also celebrates the true beauty of the sport and the worth of the journey, proving in the end that even among the narrow ranks of world-class professional cycling, there will always be room for a hard-working outsider.

**I Never Intended to be Brave** Feb 06 2021 Not yet ready to return to the States after her service as a U.S. Peace Corps volunteer, Heather Andersen sets her dream of exploring southern Africa by bicycle in motion. Her group dwindles to just two before the trip even starts and she finds herself traveling with a man she's never met before. Tension between them builds until the inevitable split, and Heather continues on alone through unfamiliar lands. With great appreciation and understanding, she vividly describes her surroundings, the colorful people she encounters, and the adventure of traveling in foreign cultures as a solo woman on a bicycle. With the question of whether it's safe never far from her mind, she forges her own path through southern Africa-and life. Along the way, she trusts her intuition and the kindness of strangers, appreciates the rhythm of an unscheduled life on the road, and rediscovers her commitment to leading the life she wants. If you've ever wanted to go somewhere completely unknown to you, or just want to experience it through someone else's eyes, *I Never Intended to Be Brave* will take you there.

**Bike Snob** May 21 2022 Cycling is exploding in a good way. Urbanites everywhere, from ironic hipsters to earth-conscious commuters, are taking to the bike like aquatic mammals to water.

*BikeSnobNYC*—cycling's most prolific, well-known, hilarious, and anonymous blogger—brings a fresh and humorous perspective to the most important vehicle to hit personal transportation since the horse. *Bike Snob* treats readers to a laugh-out-loud rant and rave about the world of bikes and their riders, and offers a unique look at the ins and outs of cycling, from its history and hallmarks to its wide range of bizarre practitioners. Throughout, the author lampoons the missteps, pretensions, and absurdities of bike culture while maintaining a contagious enthusiasm for cycling itself. *Bike Snob* is an essential volume for anyone who knows, is, or wants to become a cyclist.

*Riding into the Sunrise: Recollections of a bicycle journey across Russia* Aug 12 2021 Spring 1993. 14 months earlier the USSR had collapsed and with Russia accessible once more Gregory Yeoman and his expedition companions set off on their bicycles to ride from the Baltic to the Pacific. Over 153 days they encountered wild landscapes, wild people, crumbling hotels and Siberia's two cheeses on an extraordinary adventure through a nation finding itself after 70 years of Communism. 'Riding into the Sunrise' is the story of their journey, the Trans-Siberian Cycle Expedition. 8304 miles through steppe, mountains, forest and swamp, spurred on by mental and physical will power, curiosity and a tremendous sense of adventure. As they headed east, the generosity of the people they met in the city tower blocks and village cabins kept their spirits high and after five months of cycling, as they reached Vladivostok, it seemed they had conquered the great Red Bear. Or had they...? 59 black and white photographs and 8 maps help bring the story to life.

*The Zephyr Pacific* Jun 22 2022 "Once a year, go somewhere you have never been before." The Dalai Lama. Go somewhere you have never been before at least once a year. This journey, *The Zephyr Pacific*, was Mike and Sue's second cross country bicycle trip in less than a year's time. In March through the first week of May 2019, Mike and Sue and their friend, Randy, crossed from San Diego, California, to St. Augustine, Florida. They could hardly wait to get back on the road again and so, Mike and Sue rode away from their front door in Seattle in October of 2019 to touch the border line of Canada, and thirty-three days later they touched the border wall of Mexico. The Pacific Coast Highway is one of the most iconic bike rides (and car rides for that matter) in the world. Surreal. Sasquatch-ian. Through wind and rain soaked days, grinding elevation to climb on two-lane, shoulderless roads, pounding surf, colossal Redwood forests, a Golden Gate, and miles and miles of Southern California beaches, they explored the length of the coastal country. Along the way they found a few secret passages and met more than a few extraordinary people. Life is just a series of secret passages that eventually lead us, if we are attentive, to

something miraculous.

**Building the Cycling City** May 29 2020 The world is rediscovering the bicycle as a multi-pronged solution to acute, 21st-century problems, including affordability, obesity, congestion, climate change, inequity, and social isolation. The Netherlands has built an accessible cycling culture that cities around the world can learn from. Chris and Melissa Bruntlett share the incredible success of the Netherlands through engaging interviews with local experts and stories of their own delightful experiences riding in five Dutch cities. *Building the Cycling City* examines the triumphs and challenges of the Dutch while also presenting stories of North American cities already implementing lessons from across the Atlantic.

Discover how Dutch cities inspired Atlanta to look at its transit-bike connection in a new way and showed Seattle how to teach its residents to realize the freedom of biking, along with other encouraging examples.

*Copenhagenize* Oct 22 2019 Urban designer Mikael Colville-Andersen draws from his experience working for dozens of cities around the world on bicycle planning, strategy, infrastructure design, and communication. In *Copenhagenize* he shows cities how to effectively and profitably re-establish the bicycle as a respected, accepted, and feasible form of transportation. Building on his popular blog of the same name, *Copenhagenize* offers entertaining stories, vivid project descriptions, and best practices, alongside beautiful and informative visuals to show how to make the bicycle an easy, preferred part of everyday urban life.

*The Art of Cycling* Feb 24 2020 A meditative love letter to the sport of cycling, *THE ART OF CYCLING* traces the journey of a former professional racer regaining his love for the sport and shows how cycling can shed new light on age-old questions of selfhood, meaning, and purpose. Interweaving cycling, philosophy, and personal narrative, *THE ART OF CYCLING* provides readers with a deep understanding into the highs and lows of being an elite athlete, the limits of approaching any sporting pursuit from a strictly rational perspective, and how the philosophical and often counterintuitive lessons derived from sport can be applied to other areas of life. Accessible to everyone from the hardened racer to the casual fan, *THE ART OF CYCLING* engages the history of thought through the lens of cycling to undermine much of what is typically thought of as "intellectual", breathing new vitality into life, and countering society's obsession with progress and drive towards the abstract, detached, and virtual.

**Two Wheels Good** Dec 28 2022 **NEW YORK TIMES EDITORS' CHOICE** • A panoramic revisionist portrait of the nineteenth-century invention that is transforming the twenty-first-century world "The real feat of this book is that it takes us on a ride—across the centuries and around the globe, through startling history and vivid first-person reporting."—Patrick Radden Keefe, New York Times bestselling author of *Empire of Pain* The bicycle is a vestige of the Victorian era, seemingly at odds with our age of smartphones and ride-sharing apps and driverless cars. Yet we live on a bicycle planet. Across the world, more people travel by bicycle than any other form of transportation. Almost anyone can learn to ride a bike—and nearly everyone does. In *Two Wheels Good*, journalist and critic Jody Rosen reshapes our understanding of this ubiquitous machine, an ever-present force in humanity's life and dream life—and a flash point in culture wars—for more than two hundred years. Combining history, reportage, travelogue, and memoir, Rosen's book sweeps across centuries and around the globe, unfolding the bicycle's saga from its invention in 1817 to its present-day renaissance as a "green machine," an emblem of sustainability in a world afflicted by pandemic and climate change. Readers meet unforgettable characters: feminist rebels who steered bikes to the barricades in the 1890s, a prospector who pedaled across the frozen Yukon to join the Klondike gold rush, a Bhutanese king who races mountain bikes in the Himalayas, a cycle-rickshaw driver who navigates the seething streets of the world's fastest-growing megacity, astronauts who ride a floating bicycle in zero gravity aboard the International Space Station. *Two Wheels Good* examines the bicycle's past and peers into its future, challenging myths and clichés while uncovering cycling's connection to colonial conquest and the gentrification of cities. But the book is also a love letter: a reflection on the sensual and spiritual pleasures of bike riding and an ode to an engineering marvel—a wondrous vehicle whose passenger is also its engine.

*Shoulder to Shoulder* Mar 19 2022 With a comb in his pocket, his glamorous blonde wife by his side, and an unyielding will backed by blazing speed, Jacques Anquetil became cycling's leading ambassador as the sport left behind the post-war era of Fausto Coppi to embrace the promise of the freewheeling sixties.

*Shoulder to Shoulder* ushers us into the zenith of Anquetil's career with a fully restored collection of rare

and valuable photographs. With the methodical son of Normandy in the lead, cycling's professional peloton races through Europe's capital cities and up its mountainous pathways, laying a path to a cosmopolitan era of unlimited possibilities. Presenting more than 100 brilliant images—most unseen since their original publication in the magazines and newspapers of the day—Shoulder to Shoulder showcases the rise of a generation of cycling superstars whose gutsy riding and easy style founded the modern era of professional bike racing. Great names in these pages include Rik van Looy, Tom Simpson, Raymond Poulidor, Jan Janssen, Miguel Poblet, Rudi Altig, Federico Bahamontes, Jean Stablinski, Gastone Nencini, Jean Graczyk, and many more. With an appendix of explanatory notes for each photo, a sewn, lay-flat binding, and premium acid-free paper, Shoulder to Shoulder will be an enduring addition to every cycling enthusiast's library.

**Bike Book Sep 13 2021**

Mountain to Mountain Jun 29 2020 Being inspired to act can take many forms. For some it's taking a weekend to volunteer, but for Shannon Galpin, it meant leaving her career, selling her house, launching a nonprofit and committing her life to advancing education and opportunity for women and girls. Focusing on the war-torn country of Afghanistan, Galpin and her organization, Mountain2Mountain, have touched the lives of hundreds of men, women and children. As if launching a nonprofit wasn't enough, in 2009 Galpin became the first woman to ride a mountain bike in Afghanistan. Now she's using that initial bike ride to gain awareness around the country, encouraging people to use their bikes "as a vehicle for social change and justice to support a country where women don't have the right to ride a bike." In *Mountain to Mountain*, her lyric and honest memoir, Galpin describes her first forays into fundraising, her deep desire to help women and girls halfway across the world, her love for adventure and sports, and her own inspiration to be so much more than just another rape victim. During her numerous trips to Afghanistan, Shannon reaches out to politicians and journalists as well as everyday Afghans — teachers, prison inmates, mothers, daughters — to cross a cultural divide and find common ground. She narrates harrowing encounters, exhilarating bike rides, humorous episodes, and the heartbreak inherent in a country that is still recovering from decades of war and occupation.

**To Shake the Sleeping Self** Nov 22 2019 NEW YORK TIMES BESTSELLER • "With winning candor, Jedidiah Jenkins takes us with him as he bicycles across two continents and delves deeply into his own beautiful heart."—Cheryl Strayed, author of *Wild* and *Tiny Beautiful Things* On the eve of turning thirty, terrified of being funneled into a life he didn't choose, Jedidiah Jenkins quit his dream job and spent sixteen months cycling from Oregon to Patagonia. He chronicled the trip on Instagram, where his photos and reflections drew hundreds of thousands of followers, all gathered around the question: What makes a life worth living? In this unflinchingly honest memoir, Jed narrates his adventure—the people and places he encountered on his way to the bottom of the world—as well as the internal journey that started it all. As he traverses cities, mountains, and inner boundaries, Jenkins grapples with the question of what it means to be an adult, his struggle to reconcile his sexual identity with his conservative Christian upbringing, and his belief in travel as a way to wake us up to life back home. A soul-stirring read for the wanderer in each of us, *To Shake the Sleeping Self* is an unforgettable reflection on adventure, identity, and a life lived without regret. This edition features a new afterword and a reader's group guide. "[Jenkins is] a guy deeply connected to his personal truth and just so refreshingly present."—Rich Roll, author of *Finding Ultra* "This is much more than a book about a bike ride. This is a deep soul deepening. Jedidiah Jenkins is a mystic disguised as a millennial."—Tom Shadyac, author of *Life's Operating Manual* "Thought-provoking and inspirational . . . This uplifting memoir and travelogue will remind readers of the power of movement for the body and the soul."—Publishers Weekly

*Around Africa on My Bicycle* Mar 07 2021 In a world first, almost incredibly, Riaan Manser rode a bicycle right around the continent of Africa. It took him two years, two months and fifteen days. He rode 36,500 kilometres through 34 different countries. In this book he tells the story of this epic journey. It is a story of blood, sweat, toil and tears. It is a story of triumph and occasional disaster. Of nights out under the stars, of searing heat and rain, of endless miles of Africa and of pressing on and never surrendering whatever the odds. Mostly however it is the story of one man's courage and determination to escape the mundane and see the continent he loves and feels so much a part of. It is the story of the human warmth he encounters, and occasionally human wrath and hostility as he crosses troubled countries and borders.



**Lands of Lost Borders** Oct 02 2020 NATIONAL BESTSELLER WINNER OF THE RBC TAYLOR PRIZE WINNER OF THE EDNA STAEBLER AWARD FOR CREATIVE NON-FICTION "Every day on a bike trip is like the one before--but it is also completely different, or perhaps you are different, woken up in new ways by the mile." As a teenager, Kate Harris realized that the career she most craved--that of a generalist explorer, equal parts swashbuckler and philosopher--had gone extinct. From her small-town home in Ontario, it seemed as if Marco Polo, Magellan and their like had long ago mapped the whole earth. So she vowed to become a scientist and go to Mars. To pass the time before she could launch into outer space, Kate set off by bicycle down a short section of the fabled Silk Road with her childhood friend Mel Yule, then settled down to study at Oxford and MIT. Eventually the truth dawned on her: an explorer, in any day and age, is by definition the kind of person who refuses to live between the lines. And Harris had soared most fully out of bounds right here on Earth, travelling a bygone trading route on her bicycle. So she quit the laboratory and hit the Silk Road again with Mel, this time determined to bike it from the beginning to end. Like Rebecca Solnit and Pico Iyer before her, Kate Harris offers a travel narrative at once exuberant and meditative, wry and rapturous. Weaving adventure and deep reflection with the history of science and exploration, Lands of Lost Borders explores the nature of limits and the wildness of a world that, like the self and like the stars, can never be fully mapped.

**The White Woman on the Green Bicycle** Jun 10 2021 A beautifully written, unforgettable novel of a troubled marriage, set against the lush landscape and political turmoil of Trinidad—by the award-winning author of *The Mermaid of Black Conch* Monique Roffey's Orange Prize-shortlisted novel is a gripping portrait of postcolonialism that stands among great works by Caribbean writers like Jamaica Kincaid and Andrea Levy. When George and Sabine Harwood arrive in Trinidad from England, George is immediately seduced by the beguiling island, while Sabine feels isolated, heat-fatigued, and ill-at-ease. As they adapt to new circumstances, their marriage endures for better or worse, despite growing political unrest and racial tensions that affect their daily lives. But when George finds a cache of letters that Sabine has hidden from him, the discovery sets off a devastating series of consequences as other secrets begin to emerge.

**One Man and His Bike** Dec 04 2020 What would happen if you were cycling to the office and just kept on pedalling? Needing a change, Mike Carter did just that. Following the Thames to the sea he embarked on an epic 5,000 mile ride around the entire British coastline - the equivalent of London to Calcutta. He encountered drunken priests, drag queens and gnome sanctuaries. He met fellow travellers and people building for a different type of future. He also found a spirit of unbelievable kindness and generosity that convinced him that Britain is anything but broken. This is the inspiring and very funny tale of the five months Mike spent cycling the byways of the nation.

[Richard's Bicycle Book](#) Nov 27 2022

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